

Balbriggan Taekwon-do Academy

Self-Confidence

Fitness

Flexibility

Co-Ordination

Now enrolling new students for September 2011

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Taekwon-Do Tots	4 - 6 yrs
Taekwon-Do Prep	7 - 9 yrs
Taekwon-Do Juniors	10 - 13 yrs
Taekwon-Do Seniors	14+ yrs
Ladies Bootcamp Kickboxing	16+ yrs

Phone:
Email:
Facebook:
Website:

Paul on 086 0533188
tkdacademybalbriggan@gmail.com
Balbriggan Taekwon-Do Academy
www.tkdabalbriggan.com